

GLUTEN FREE MENU

Monday - Saturday 12pm - 9pm, Sunday 12pm - 8pm

STARTERS

Soup of the Day (v) (405 kcal) <i>Warm bread & butter.</i>	6.95
Citrus Houmous (ve) (836 kcal) <i>With toasted gluten free bread, crudités and cornichons.</i>	6.95
Heywood Loaded Fries (1271 kcal) <i>Loaded with buttermilk chicken, cheese and spiced mayonnaise.</i>	6.95
Sweetcorn Ribs (ve) (565 kcal) <i>Garlic mayonnaise.</i>	6.95
Poached Salmon Salad (429 kcal) <i>Baby gem, cucumbers with mint and seafood sauce.</i>	6.95

MAINS

Salt & Pepper Pork Rib (1478 kcal) <i>Fries and gochujang sauce.</i>	19.95
8oz Rump Steak (1238 kcal) <i>Thick-cut chips, grilled thyme roasted tomato, flat mushroom and watercress.</i>	22.50
Classic Chicken Caesar Salad (1147 kcal) <i>Hard cheese, anchovies, boiled egg and Caesar dressing.</i>	15.95
Halloumi Cobb Salad (v) (860 kcal) <i>Warm halloumi, boiled egg, diced avocado and chipotle mayonnaise.</i>	12.95

SANDWICHES

SERVED WITH FRIES (<i>Served until 6pm</i>)	
Classic Reuben Sandwich (1151 kcal) <i>Served on gluten free bread with chipotle ranch sauce, rocket and sauerkraut.</i>	12.95
Roast Ciabatta of the Day <i>Served on gluten free bread with thick-cut chips and jug of gravy. Choose from either beef (1155 kcal) or turkey (1207 kcal)</i>	12.50

DESSERTS

Eton Mess (v) (806 kcal) <i>Strawberry meringue nest, clotted cream ice cream, whipped cream, dried raspberries.</i>	8.95
Chocolate Torte (ve) (370 kcal) <i>Chocolate biscuit base, served with raspberry sorbet.</i>	8.95

SUNDAY ROAST SHARING PLATTER

SERVES 2 FOR 44.95 (4395 kcal)

12-hour roast beef, chicken breast, turkey, pork belly, creamy mash, roasties, carrot & swede, red cabbage, mixed greens and a bottomless jug of thick gravy.

SUNDAY ROASTS

ALL OUR SUNDAY ROASTS ARE SERVED WITH TRADITIONAL VEG, ROASTIES AND THICK GRAVY

Duo of Meats (1276 kcal) <i>Ask for today's choice.</i>	21.50	Roasted Skin on Chicken Breast (1475 kcal)	18.50
12-hour Roast Beef (1432 kcal)	19.95	Roast Pork Loin (1670 kcal)	18.50
Roast Turkey (1474 kcal)	18.50		

Full allergen information is available on request. Please ask our team for details when ordering for both food and drink. Despite our best efforts, we are unable to guarantee that our dishes are free from allergens. All weights noted are approximate and prior to cooking. Adults need around 2,000 kcal per day. (v) Vegetarian (ve) Vegan