YOUNGSTER'S MENU

Served from 12pm - 9pm

ALL DISHES 12.95

Seafood Basket (963 kcal)
Haddock goujons, scampi, thick-cut chips, mushy peas and tartare sauce.

Buttermilk Chicken Burger (1260 kcal)
Baby gem, sliced tomato and topped with chipotle sauce and served with fries.

Three Cheese & Onion Pie *(v)* (1678 kcal)
Shortcrust pastry, cheese & chive sauce, thick-cut chips, mushy peas or beans.

Chickpea Tikka Masala *(ve)* (480 kcal)
Wild rice and grilled flatbread.

Peri-Peri Chicken Breast (1188 kcal)
Grilled corn, sour cream and fries.

Pork Sausage & Mash (1286 kcal)
Garden peas and onion rings.

ABEL'S SUNDAY ROAST

ONLY 11.50

Our Sunday roasts are served with traditional vegetables, roasties, homemade Yorkshire puds and real gravy.

Roast Beef (799 kcal) • **Roast Turkey** (799 kcal)

(NOT INCLUDED IN THE CHILDREN'S OFFER)

CHILDREN'S MENU

Served from 12pm - 9pm

ONE COURSE **7.50** • TWO COURSES **9.95**
THREE COURSES **12.50**

STARTERS

Soup of the Day *(v)* (485 kcal)
Warm bread.

Potato Nachos *(v)* (269 kcal)
Warm nacho cheese sauce.

Garlic Flatbread *(v)* (429 kcal)

Garlic Flatbread with Cheese *(v)* (560 kcal)

MAINS

Fish & Chips (766 kcal)
With garden peas.

Grilled 4oz Beef Burger (952 kcal)
Served with fries.

Buttermilk Chicken Tenders (895 kcal)
Fries, beans and tomato ketchup.

Penne Pasta *(v)* (535 kcal)
Tomato sauce and cheese.

Cheese & Tomato Pizza *(v)* (792 kcal)

DESSERTS

Duo of Ice Cream *(v)* (332 kcal)
Ask for today's choice.

Chocolate & Caramel Brownie *(v)* (511 kcal)
Vanilla ice cream.

Apple & Raspberry Crumble *(v)* (553 kcal)
Thick custard.

Full allergen information is available on request. Please ask our team for details when ordering for both food and drink. Despite our best efforts, we are unable to guarantee that our dishes are free from allergens. All weights noted are approximate and prior to cooking. Children need around 1,800 kcal per day. (v) Vegetarian (ve) Vegan / Gluten free options available on request