

Gluten Free Menu

Starters & things to share

Cypressa Mixed Olives (ve) (239 kcal) Sundried tomatoes, garlic & herb dressing	£4.60	Chef's Signature Soup (v) (571 kcal) Served with gluten free bread	£6.75
Homemade Pork Crackling (717 kcal) Rosemary, thyme and salt crust	£3.65	Chicken Liver Pâté (947 kcal) Apple & pear chutney with gluten free bread	£7.95
Baked Camembert for Two (v) (1101 kcal) Confit garlic, toasted gluten free bread with apple & pear chutney	£13.75	Watermelon and Feta Salad (ve) (872 kcal) Basil oil and rocket	£8.75
Chilli Seared Scallops (280 kcal) Serrano ham, sweetcorn purée and paprika popcorn	£11.95	Creamed Wild Mushrooms (v) (1066 kcal) Toasted gluten free bread and crispy fried egg	£7.95
Smoked Haddock Florentine Fishcake (697 kcal) Crispy egg with a cheese & chive sauce	£8.25		

Mains

Treacle Baked Ham and Eggs (880 kcal) Thick-cut chips, grilled tomato and garden peas	£14.95
Vegetable Tagine Tart (ve) (916 kcal) Sautéed potatoes, olives and spinach	£14.95
Pan Fried Sea Bream Fillet (1118 kcal) Baby prawn & pea risotto, crispy rocket and hard cheese	£19.95
Classic Fish Pie (1256 kcal) White fish, smoked haddock, king prawns and scallop bound in a creamy velouté sauce, topped with cheesy mashed potato and sautéed greens	£18.95

Salads

All our salads come with mixed grains, tomatoes, soy beans, kale, pumpkin seeds, baby gem, mixed leaves, cucumber and red onion (ve) (000 kcal)

Add: Chicken (345 kcal)	£14.95
Add: Rump Steak (597 kcal)	£16.95
Add: Sea Bream (554 kcal)	£17.95
Add: Grilled Halloumi (745 kcal)	£14.95
Add: Watermelon & Feta Cheese (ve) (897 kcal)	£15.95
Classic Chicken Caesar Salad (1146 kcal) Hard cheese, anchovies, crispy fried egg and Caesar dressing	£15.95

From the Grill

Our steaks are served with thick-cut chips, grilled thyme roasted tomato, flat mushroom and watercress

10oz Ribeye Steak (1027 kcal)	£26.95
Choose a sauce for your steak: Cracked black pepper (136 kcal), or wild mushroom cream sauce (197 kcal)	
10oz Honey Glazed Bacon Steak (1311 kcal) Grilled pineapple and fried egg	£16.95

Sides

Thick-Cut Chips (ve) (337 kcal)	£3.95	Mashed Potato topped with Feta Cheese and Chives (v) (534 kcal)	£4.50	Dressed Side Salad (ve) (42 kcal)	£3.95
Fries (ve) (520 kcal)	£3.95			Sautéed Greens (ve) (293 kcal)	£3.95

Desserts

Eton Mess Meringue with White Chocolate & Raspberry (v) (812 kcal) Topped with thick cream, raspberry ripple ice cream and fruit compote	£8.95	Mango & Stem Ginger Posset (v) (1160 kcal)	£7.95	Double Chocolate Brownie (v) (919 kcal) Vanilla ice cream	£7.95
		Mixed Ice Cream (v) (350 kcal) Ask for today's choice	£6.25		

Sunday Roast Platter for Two *only* £39.95

(4343 kcal)

AVAILABLE ALL DAY SUNDAY

12 hour roast beef, treacle baked ham, half roast chicken, turkey, mashed potatoes, roast potatoes, parsnips, carrot & swede, red cabbage, mixed greens and a bottomless jug of real gravy.

Sunday Roasts

Available all day Sunday only

All our Sunday roasts are served with traditional vegetables, roast potatoes and real gravy

Duo of Meats (1873 kcal) Ask for today's choice	£19.50	Half Roast Chicken (1819 kcal)	£16.95
12 Hour Roast Beef (1628 kcal) Served with creamed horseradish sauce	£17.45	Treacle Baked Ham (1217 kcal)	£15.95
		Roast Turkey (1571 kcal)	£16.95
		Butternut Squash & Beetroot Wellington (v) (1304 kcal)	£15.95