Young Adults Menu

Smaller portions for smaller appetites for ONLY £11.95 Available all day every day

Panko Crusted Chicken Breast (1349 kcal) Topped with tomato sauce and cheese, served with seasoned fries

Meat & Potato Pie (1229 kcal) Thick-cut chips, mushy peas and gravy

Three Cheese & Leek Pie (v) (1540 kcal) Shortcrust pastry, cheese & chive sauce, thick-cut chips, mushy peas or beans

Chargrilled Rump Steak (802 kcal) Fries, thyme roasted plum tomato and garden peas Seafood Basket (861 kcal)

Fish goujons and scampi, served with fries, mushy or garden peas and tartare sauce

Chickpea & Coconut Curry (ve) (517 kcal) White rice

Grilled Smoked Haddock (1271 kcal) Mashed potatoes, green beans and cheese & chive sauce

Children's Menu



Available all day every day

1 Course £5.95, 2 Courses £8.50 or 3 Courses £10.95

Starters

Soup of the Day (v) (458 kcal) Warm bread & butter

Spiced Hummus (ve) (364 kcal) With grilled Focaccia

Garlic Bread (v) (525 kcal) With cheese (v) (649 kcal)

Smoked Haddock & Spring Onion Fishcake (277 kcal)

Sunday Lunch

(Not included in the 1, 2 or 3 course option) All our Sunday lunches are served with traditional vegetables, roast potatoes, homemade Yorkshire pudding and real gravy

12 Hour Roast Beef (999 kcal)	£9.95
Roast Chicken (920 kcal)	£9.95
Roast Turkey (995 kcal)	£9.25
Crispy Pork Belly (1277 kcal)	£9.25

Mains

Fish Goujons (818 kcal) Fries and garden peas Vegan Shepherd's Pie (ve) (847 kcal)

Garden peas Crispy Chicken Strips with BBQ Sauce (787 kcal)

Fries and garden peas Grilled 40z Beef Burger (939 kcal)

Served with fries

Baked Meatballs in Tomato Sauce (693 kcal) With linguine pasta

Pork & Leek Sausage (795 kcal) Mashed potatoes, garden peas and thick gravy

Desserts

Mini Chocolate Brownie (v) (618 kcal) Vanilla ice cream Mini Sticky Toffee Pudding (v) (480 kcal) Thick custard Mixed Ice Cream (v) (272 kcal) Chocolate wafer Mini Apple & Blackberry

Flapjack Crumble (v) (511 kcal) Thick custard

Full allergen information is available on request. Please ask our team for details when ordering both food and drink. All weights noted are approximate and prior to cooking. Key: (sp) small portion (v) vegetarian (ve) vegan. Children need around 1400 - 1800 kcal a day, dependant on age. Gluten Free options available on request – please speak to a member of our team. Despite our best efforts, we are unable to guarantee that our dishes are free from any allergen.