Gluten Free Menu

Starters & things to share

Cypressa Mixed Olives (ve) (239 kcal) **£4.35**
Sun-dried tomatoes, garlic & herb dressing

Homemade Pork Crackling (717 kcal) **£3.35**
Apple sauce

Pan Seared Scallops and Pancetta (294 kcal) **£11.25**
Corn purée, corn & lime relish

Chicken Liver & Brandy Pâté (1031 kcal) **£7.95**
Homemade mango chutney and gluten free toast

Chef's Signature Soup (v) (358 kcal) **£6.55**
Served with gluten free bread & butter

Charred Padrón Peppers (ve) (412 kcal) **£6.95**
Whipped feta style cheese with maple syrup

Nachos (v) (445 kcal) **£5.95**
Cheese, guacamole, sour cream, salsa and jalapeños

Whipped Feta Style Cheese with Maple Syrup (v) (236 kcal) **£5.95**
Heritage tomatoes and basil créme fraiche

Halloumi Fries (v) (831 kcal) **£5.95**
Sriracha mayonnaise

Mains

Supreme of Chicken (824 kcal) **£16.95**
Crushed potatoes, asparagus wrapped in pancetta, creamed leeks, red wine & cream sauce

Pork Belly (1297 kcal) **£18.95**
Cabbage & bacon mashed potatoes with honey roasted carrots, pancetta crumb and thyme jus

Half Roasted Chicken (1271 kcal) **£15.95**
Confit garlic, seasoned fries, watercress and chicken jus

Coconut & Corn Curry (ve) (833 kcal) **£13.95**
White rice and homemade mango chutney

Our steaks are served with thick-cut chips, grilled thyme roasted plum tomato, flat mushroom and watercress

10oz Ribeye Steak (1027 kcal) **£24.95**

8oz Rump Steak (926 kcal) **£19.95**

Choose a sauce: Cracked black pepper (136 kcal), Blacksticks Blue (571 kcal) or tarragon, garlic & mushroom (104 kcal)

Add: A portion of king prawns to any steak dish (+34 kcal) **£4.50**

10oz Honey Glazed Bacon Steak (1311 kcal) **£15.95**
Grilled pineapple and fried egg

Salads

Our salads are served with mixed herb salad leaves, roasted red peppers, cherry tomatoes, spring onions, cucumber and house dressing

Creamy Burrata Cheese (v) (538 kcal) **£15.95**

Whipped Feta Style Cheese with Maple Syrup (ve) (545 kcal) **£13.95**

Grilled Chicken (705 kcal) **£14.50**

Classic Chicken Caesar (613 kcal) **£14.95**
Hard cheese, anchovies, boiled egg and Caesar dressing

Pan Fried Mackerel Fillets (1186 kcal) **£15.95**
With niçoise salad

Ploughman's Board (1918 kcal) **£15.95**
Blacksticks Blue, Applewood smoked Cheddar, Mrs Kirkham's Lancashire, pâté, pork crackling, apple, boiled egg, Balsamic Borettane onions and gluten free bread

Sandwiches

Available until 6pm. All our sandwiches are served on gluten free bread with rainbow sweet chilli slaw and dressed leaves (unless otherwise stated)

Prawn Cocktail Sandwich (481 kcal) **£8.95**
Baby gem and sea food sauce

Roast of the Day (1100 kcal) **£9.95**
Thick-cut chips and a jug of gravy

Sides

Thick-Cut Chips (ve) (337 kcal) **£3.55**

Fries (ve) (520 kcal) **£3.55**

Caesar Side Salad (v) (148 kcal) **£3.55**
Baby gem and hard cheese

Heritage Tomato & Spring Onion Salad (ve) (45 kcal) **£3.95**
Balsamic glaze

Buttered New Potatoes (v) (429 kcal) **£3.95**

Dressed Salad Leaves (ve) (49 kcal) **£2.95**
Roasted red peppers, cucumber and spring onions

Sunday Roast Platter for Two *only* £38.95

(4614 kcal)

AVAILABLE ALL DAY SUNDAY

12 hour roast beef, crispy belly pork, half roast chicken, turkey, mashed potatoes, roast potatoes, parsnips, carrot & swede, red cabbage, mixed greens and a bottomless jug of real gravy.

Sunday Roasts

Available all day Sunday only

All our Sunday roasts are served with traditional vegetables, roast potatoes and real gravy

Duo of Meats (1873 kcal) **£17.95**
Ask for today's choice

12 Hour Roast Beef (1628 kcal) **£15.95**
Served with creamed horseradish sauce

Half Roast Chicken (1819 kcal) **£15.45**

Crispy Belly Pork (1728 kcal) **£15.45**

Roast Turkey (1571 kcal) **£15.45**

Full allergen information is available on request. Please ask our team for details when ordering both food and drink. All weights noted are approximate and prior to cooking. Key: (sp) small portion (v) vegetarian (ve) vegan. Adults need around 2000 kcal a day. Gluten Free options available on request – please speak to a member of our team. Despite our best efforts, we are unable to guarantee that our dishes are free from any allergen.