ABEL'S IN HIS
SUNDAY BEST

Served *from* 12pm - 8pm

SUNDAY ROAST PLATTER

Scrumptious *and* succulent - SERVES TWO FOR £38.95 (4614 kcal)

12 hour roast beef, crispy pork belly, half roast chicken, turkey, stuffing, pigs in blankets, new potatoes, roasties, parsnips, carrot & swede, red cabbage, mixed greens, Yorkshire puds and a bottomless jug of thick gravy.

ALL OUR SUNDAY ROASTS ARE SERVED WITH TRADITIONAL VEG, ROASTIES, HOMEMADE YORKSHIRE PUDS AND THICK GRAVY

Duo of Meats (1873 kcal) Ask for today's choice. £17.95
Roast Beef (1628 kcal) £15.95
Roast Chicken (1819 kcal) £15.45
Pork Belly (1728 kcal) £15.45
Roast Turkey (1571 kcal) £15.45
Carrot Wellington *(ve)* (843 kcal) £14.95

APPETISERS *AND* SMALL PLATES

Perfect *for* sharing - 6 FOR £32.00, 3 FOR £17.50 OR £6.50 EACH

Rosemary Crusted Panko Chicken (319 kcal)
Sticky spicy BBQ sauce.

Homemade Warm Pork & Apple Sausage Roll (705 kcal)
House piccalilli.

Salt & Pepper Fries *(v)* (402 kcal)
Glazed in soy sauce, honey, chilli and spring onion.

Pork Belly & Black Pudding Bites (540 kcal)
Chilli jam.

Salt & Pepper Calamari (276 kcal)
Soy, ginger dipping sauce.

Spiced Hummus *(ve)* (544 kcal)
Sesame seed paste with caramelised onion, sultanas and grilled flatbread.

Halloumi Fries *(v)* (718 kcal)
Sriracha mayonnaise.

Baked Meatballs topped with Rarebit (438 kcal)
Chicken & pork braised meatballs, baked in a rich tomato sauce.

Abel's Manchester Egg (512 kcal)
Wrapped in black pudding & pork sausage with house piccalilli.

Slow Braised BBQ Beef Brisket Fritters (325 kcal)
Sriracha mayonnaise.

Loaded Fries (736 kcal)
With onion, bacon and cheese.

Charred Padron Peppers *(ve)* (412 kcal)
Whipped Feta style cheese with maple syrup.

Nachos *(v)* (445 kcal)
Cheese, guacamole, sour cream, salsa and jalapeños.

Crispy Beef Salad (343 kcal)
Rainbow slaw, soy and ginger dressing.

MAINS

Hydes Battered Fish (1178 kcal) £15.75
Freshly caught fish, thick-cut chips and Abel's Manchester caviar

10oz Ribeye Steak (1027 kcal) £24.95
Cooked to your liking, thick-cut chips, thyme roasted plum tomato, field mushroom and watercress.

10oz Honey Glazed Bacon Steak (1479 kcal) £15.95
Served with a fried egg and grilled pineapple.

Classic Chicken Caesar Salad (813 kcal) £14.95
Cos lettuce, croutons, hard cheese, anchovies, boiled egg and Caesar dressing.

Coconut & Corn Curry *(ve)* (833 kcal) £13.95
White rice, cauliflower fritter and mango chutney.

BURGERS

ALL OUR BURGERS ARE SERVED ON A TOASTED BRIOCHE BUN, TOPPED WITH BABY GEM, SLICED TOMATO, GHERKIN AND FRIES

Abel's House Burger (1611 kcal) £15.95
Two 4oz beef burgers, Emmental cheese, streaky bacon and Abel's burger sauce.

Grilled Chicken Burger (1621 kcal) £15.95
Million dollar bacon, Emmental cheese, BBQ sauce and Abel's burger sauce.

The Abel Imposter Burger *(ve)* (1167 kcal) £15.95
Plant based burger topped with rainbow slaw and sliced avocado.

Grilled Halloumi Burger *(v)* (1625 kcal) £15.95
Sriracha mayonnaise, sliced avocado and rainbow slaw.

ABEL'S PIES

DELIVERED TO YOU IN A PIE TIN, SERVED WITH MASHED POTATO OR THICK-CUT CHIPS AND MIXED GREENS

Three Cheese & Leek *(v)* (1850 kcal) £13.95
Cheese & chive sauce.

Chicken, Ham Hock & Pea (1769 kcal) £13.95
Jug of gravy.

Manchester Minced Beef & Onion (1562 kcal) £13.95
Jug of gravy.

Hydes Steak & Ale (1396 kcal) £13.95
Jug of gravy.

A BIT ON THE SIDES

Skinny Fries *(v)* (519 kcal) £3.55
Thick-Cut Chips *(v)* (453 kcal) £3.55
Onion Rings *(v)* (206 kcal) £3.95
Garlic Ciabatta *(v)* (588 kcal) £4.75
Garlic Ciabatta with Cheese *(v)* (843 kcal) £5.50
Sweet Potato Fries *(ve)* (420 kcal) £4.95
Cabbage & Bacon Mash (533 kcal) £4.50
Cauliflower Cheese *(v)* (504 kcal) £4.25
Pigs in Blankets (451 kcal) £4.25
Caesar Dressed Side Salad *(v)* (148 kcal) £3.55
Pepper Sauce (136 kcal) £2.00

Full allergen information is available on request. Please ask our team for details when ordering both food and drink. All weights noted are approximate and prior to cooking. ***(v)*** vegetarian ***(ve)*** vegan / Gluten free options available on request. Despite our best efforts, we are unable to guarantee that our dishes are free from any allergen. Adults need around 2000 kcal a day.

The wonderous world of WINE

WHITE

	175ml	250ml	Bottle
Pinot Grigio, Primi Soli ITALY (2) | Dry, crisp and fruity with a wonderful hint of lemon.	£5.05	£6.70	£18.95
Chardonnay, Central Monte *(v)* CHILE (2) | Fresh and lively, with wonderful aromas of citrus fruits and peaches.	£5.10	£6.90	£19.40
Pinot Grigio, Bericanto DOC Belle Venezie *(ve)* ITALY (2) | Intense ripe fruit aroma with a gentle refreshing elegant taste.	£6.05	£8.20	£23.40
Sauvignon Blanc, Inkosi *(v)* SOUTH AFRICA (2) | Green figs and fresh lemon aromas.	£5.05	£6.70	£18.95
Sauvignon Blanc, Turtle Bay NEW ZEALAND (2) | Fresh and vibrant with a hint of passion fruit, gooseberry and melon characters. Intense and crisp.	£6.35	£8.50	£24.10

BUBBLES

LET'S CELEBRATE IN STYLE

Cava Classic Brut, Castell Lord *(ve)* SPAIN (1) | Great quality Cava which is bright and clean with high fruit flavours.	£19.25
Prosecco DOC, I Castelli ITALY (1) | Scents and hints of apple with a dry, crisp and fruity palate.	£19.85
Prosecco Rosé DOC, I Castelli ITALY (1) | Fruity and fragrant with a hint of strawberries and cherries.	£20.00
Champagne, Cuperly Brut FRANCE (1) | Delicious fresh fruity flavour with richness and complexity.	£35.00
La Cuvée, Laurent-Perrier *(ve)* FRANCE (1) | Laurent-Perrier's signature Champagne, La Cuvée is delicate yet complex with crisp notes of citrus fruit and white flowers.	£52.80
Cuvée Rosé, Laurent-Perrier *(ve)* FRANCE (1) | An iconic rosé Champagne with great depth and freshness. Hints of strawberries, raspberries and cherries.	£73.35

SINGLE SERVES - PERFECT FOR LUNCH

Prosecco Cuvée, 1821 Zonin (20cl) *(v)* ITALY (1) | Very well-balanced and appealing with extremely delicate almond notes.	£7.00
Spumante, Serenello Rosé (20cl) *(v)* ITALY (1) | A lovely rose pink colour, followed by a bright and aromatic nose of petals and fresh strawberries.	£7.00

ROSÉ

	175ml	250ml	Bottle
Pinot Grigio, Primi Soli Blush ITALY (2) | Soft refreshing burst of summer fruits.	£5.05	£6.70	£18.95
Zinfandel, White Rose USA (5) | Ripe strawberry and raspberry fruit aromas.	£5.10	£6.90	£19.40

RED

Merlot, Via Alta *(ve)* CHILE (D) | Rich and concentrated that packs all you want from this easy-drinking Merlot.	£5.05	£6.70	£18.95
Cabernet Sauvignon /Shiraz, Via Alta *(v)* CHILE (C) | Blackcurrant flavoured with a long finish and a hint of mint.	£5.10	£6.90	£19.35
Nero d'Avola, Conte Nero ITALY (C) | Cassis and vanilla aromas accompanied by tart cherry and chocolate.	-	-	£24.15
Malbec Bonarda, Healy & Gray Estate *(v) (org)* ARGENTINA (D) | Velvety smooth on the outside and macho on the inside.	£5.85	£8.00	£22.45
Shiraz, Richland Black AUSTRALIA (E) | Ripe blackberry and black cherry flavours with vanilla cream and spice.	£6.10	£8.60	£24.40

SUSTAINABLE

Sea Change are an award-winning environmentally conscious wine producer that raise awareness globally for ocean conservation and the environmental impact caused by plastic pollution.

Chardonnay, Sea Change White *(ve) (org)* SPAIN (1) | Refreshing, floral and citrus with a long-lasting taste.	£28.85
Provence, Sea Change Rosé *(v)* FRANCE (1) | Scents and hints of apple with a dry, crisp and fruity palate.	£27.40
Bobal, Sea Change Red *(ve) (org)* SPAIN (2) | Intense, vibrant tastes of red and black fruits. Medium-bodied and a beautiful long finish.	£24.85

WINE TASTING GUIDE

White and Rosé wines have a scale of **(1)**-**(5)** with **(1)** being dry and **(5)** sweet. Red wines are marked on a scale of **(A)**-**(E)**.
Light, delicate and fruity reds are graded **(A)** or **(B)** while more robust and full-bodied wines are **(D)** to **(E)**.