

CHILDREN'S MENU

Served from 12pm - 9pm

TWO COURSES **8.50** • THREE COURSES **10.50**

STARTERS

Soup of the Day (458 kcal)
With warm bread & butter.

Spiced Hummus (364 kcal)
With grilled pitta bread.

Garlic Bread (408 kcal / 242 kcal)
With or without cheese.

MAINS

Fish Goujons (818 kcal)
Fries and garden or mushy peas.

Crispy Chicken Strips
with BBQ Sauce (787 kcal)
Fries and garden peas or baked beans.

Grilled Beef Burger (939 kcal)
*Served with fries, garden peas
or baked beans.*

Pork & Leek Sausage
with Mash (795 kcal)
Thick gravy and garden peas.

DESSERTS

Mini Chocolate Brownie (v) (618 kcal)
Vanilla ice cream.

Mini Sticky Toffee Pudding (480 kcal)
Thick custard.

Mini Apple & Blackberry
Flapjack Crumble (v) (511 kcal)
Thick custard.

Mixed Ice Cream (272 kcal)
Chocolate wafer.

ABEL'S SUNDAY ROAST

FROM ONLY

8.95

NOT INCLUDED IN THE
CHILDREN'S OFFER

*All our Sunday lunches are served with
traditional vegetables, roasties, homemade
Yorkshire puds and real gravy.*

Roast Beef (999 kcal)
9.95

Half Roast Chicken (920 kcal)
9.25

Roast Turkey (995 kcal)
8.95

Roast Pork Belly (1277 kcal)
8.95

Carrot Wellington (ve) (1074 kcal)
8.95

Full allergen information is available on request. Please ask our team for details when ordering both food and drink.

All weights noted are approximate and prior to cooking.

(v) VEGETARIAN (ve) VEGAN GLUTEN FREE OPTIONS AVAILABLE ON REQUEST

Despite our best efforts, we are unable to guarantee that our dishes are free from any allergen. Children need around 1,800 kcal a day.